

Nanga Parbat 8125 m (26,697 ft)



Welcome Aboard COMLOG WESTPAC

Singapore Information





About Singapore

- **Geography.** 26 miles long, 14 miles wide, 84 miles north of the equator.
- **Ethnicity.** Multi-racial, four languages. English is the common language. Courteous, friendly people.
- **Industry.** Primarily oil refinery and distribution, electronic component assembly, commercial port services. Only natural resource is people.
- **History.** In the 14th century the island was part of the Sijayan empire. In 1819, British civil servant Sir Stamford Raffles established the modern city as a trading station for the British empire. Singapore became an independent republic in 1965.



The Singapore Merlion



Downtown Singapore from Equinox Restaurant



Travel Requirements

➤ **Passport**

- ✓ You will need a civilian passport with at least 6 months remaining before expiration. A passport generally takes 4-6 weeks to receive after all the paperwork has been completed. Plan ahead!!

➤ **Individual Force Protection Plan (IFPP)**

- ✓ An IFPP is required before your orders will be approved. Follow the sample and update as needed. Refer to PACOM website for info.
- ✓ Travel to adjoining countries (Malaysia, etc.) requires an additional IFPP.

✓ **Country Clearance Message**

- ✓ A country clearance message is prepared by your Reserve Center. This should be done 30 days in advance of your duty. A sample is provided for reference.

➤ **Travel Time**

- ✓ Travel to Singapore from San Diego crosses the international date line. Depart San Diego early Saturday morning to arrive in Singapore late Sunday night.



Singapore Currency

- Singapore currency is the Singapore dollar. The exchange rate varies between SGD \$1.60 and SGD \$1.70 per USD \$1
- Do not change money at US airports, you will get a bad deal
- Do not change money at connecting airports, you will get a worse deal
- Change some money at Changi Airport (up to \$50) for your taxi ride to Sling Inn. Exchange rates at Changi Airport are good. Money changers are upstairs next to the arrival gates and downstairs next to Baggage Claim.
- You will get the best exchange rate at the CLWP Currency Exchange and at the ATM outside CLWP



Billeting in Singapore



Sling Inn VQ Shared Common Area



Sling Inn VQ Buildings behind Community Center

➤ The Sling Inn

- ✓ Billeting in Singapore is at the Sling Inn VQ, an Air Force Inn near PSA Sembawang
- ✓ Our CLWP POC LCDR Tabaka can assist with reservations and confirm with you
- ✓ The VQ are large apartments with three double occupancy bedrooms and shared common areas (kitchen, living room, dining room, bathroom)
- ✓ Three floors, no elevators
- ✓ No charge for your billeting on TDY orders
- ✓ Additional lodging is \$31 per night per dependent. Cash only. Make reservations and plan to pay.



Getting to the Sling Inn from Changi Airport

- The Sling Inn Office is “The Community Center at 200 Lagos Circle off Canada Rd across from PSA Sembawang Wharves”
- Provide directions your taxi driver if needed.
 - ✓ Get on TPE (Central Expressway) from the Airport
 - ✓ Then get on CTE/SLE
 - ✓ Get off on the Yishun exit
 - ✓ You will be on Lentor Ave which turns into Yishun Ave 2
 - ✓ Take a Left on Canada
 - ✓ Take a Left on Lagos Circle
 - ✓ Sling Inn Community Center will be on your right



Sling Inn Community Center

➤ DO NOT LET THE TAXI DRIVER LEAVE! Check in first. Unlikely, but you might need the driver to take you to your room if it is in one of the farther bldgs.

➤ Your taxi driver might take you to the old Sling Inn Office on

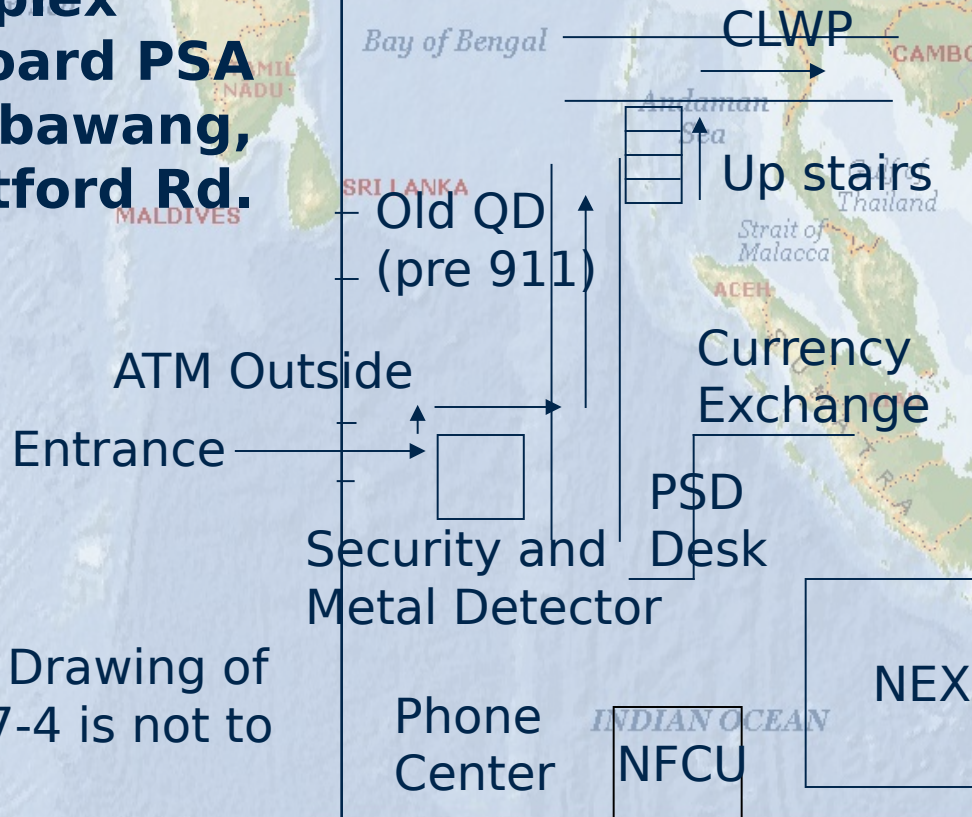
Nanga Parbat 8125 m (26,697 ft)



Finding CLWP in Building 7-4

Building 7-4

CLWP is located upstairs in the Bldg 7-4 complex onboard PSA Sembawang, Deptford Rd.



Entrance to PSA Sembawang at Admiralty Rd East and Deptford Rd

Note: Drawing of Bldg 7-4 is not to scale



Food in Sembawang Services / MWR

- **Din's Diner** is open for B,L, &D from 0700-1800 hrs. Mon-Sat and 0600-2200 hrs. Sun-Sat when any ships are in port. It is located on the ground floor, 3 doors down from the entrance to Bldg 7-4.
- **NEX** carries some food items. NEX is located on the ground floor of Bldg 7-4, and is open from 0930-1730 hrs. on Mon-Wed and Fri and 0730-1930 hrs. on Thurs. It is closed on Sundays.
- **Eagle Club Restaurant and Bar** is operated by Air Force Services. The Eagle Club Community Center includes restaurant, bar, and internet room. Serves B,L, & D. The Eagle Club is located on Pakistan Rd across from Saint Andrew's Military Chapel.
- **Terror Club** is operated by Navy MWR and includes restaurant, bar, and 30-meter swimming pool. Serves B,L, & D. Terror Club is located just outside the PSA Sembawang gate.



Eagle Club



Terror Club



Other Services

- Small **NEX** in Bldg 7-4 carries some food items and has a limited selection of uniform items.
- **Navy Federal Credit Union** has a branch in bldg 7-4 ground floor. No cash. Issues cashiers checks, which can be cashed at the Currency Exchange / Cashier.
- Bring your orders, page 2, and travel itinerary to the **PSD Desk** in bldg 7-4 ground floor to process your pay.
- The **Currency Exchange / Cashier** is next to the PSD Desk
- **Fleet Post Office** in the building across from bldg 7-4
- **Medical Aid Station** on Durban Road provides medical and dental services
- **Saint Andrew's Chapel** on Pakistan Road across from Eagle Club



Area Food and Shopping

- **1018 Seafood Garden Restaurant** is located at the Corner of Sembawang Rd. and Admiralty Rd.
- Take bus #167 from Sembawang Rd. to **Sembawang Shopping Center**. Across the road is **Yishun Seafood Village**.
- **Sun Plaza** is next to the Sembawang MRT Station and has shops, restaurants, and a theater.
- Recommended suburban malls are **Northpoint** near Yishun MRT Station or **Causeway Point** near Woodlands MRT Station.



Northpoint near Yishun MRT Station



Causeway Point near Woodlands MRT Station



Where to Work Out

- **Small fitness center at Sling Inn Community Center.** You can also sign out a bike for weekly free use.
- **Larger fitness center near “One Degree North”** in the building next to 7-4.
- **Sembawang Park** is about a 10 minute jog from Sling Inn and has a great track for runners
- **24 Hour Fitness** is partners with **California Fitness**. Three clubs are available in Singapore.



Getting Around

➤ Singapore Mass Rapid Transit (SMRT)

- ✓ Singapore MRT is super-efficient, fast, air-conditioned, inexpensive, and covers the entire island. The rechargeable MRT EZ Link card is the easiest way to utilize this system. You can purchase an EZ Link card at any MRT Station Ticket Counter. You can also pay as you go, but this is awkward and requires exact change. Recommend taking a bus to Yishun or Sembawang MRT Stations.

➤ Buses

- ✓ SBS and TIBS bus stops are an easy walk from Sling Inn along Sembawang Rd., Admiralty Rd. East, and Canberra Rd. Take bus #167 to Sun Plaza and the Sembawang MRT Station. Take bus #169 to Northpoint shopping center and the Yishun MRT Station. Get a bus guide at any bookstore for more information. The EZ Link card is strongly recommended for use on the buses.

➤ Taxis

- ✓ Taxis are reasonable. Fares are affected by various surcharges and will cost you 50% extra after midnight.

Nanga Parbat 8125 m (26,697 ft)



Singapore Mass Rapid Transit (SMRT)

You are here



Please [click here](#) to print the route map (pdf file 123 KB)



Singapore tips

- No tipping in Singapore, except for taxis. Service charge is included in the bill.
- Singapore is warm and humid all year long. Pack accordingly.
- Bring a garment bag to store your uniform in the locker room at CLWP. It is too humid to walk or bike to work in uniform.
- Bring sun screen and mosquito repellent, particularly if you plan to visit extremely hot and humid areas like Sentosa Island.
- Bring an umbrella. Singapore has downpours at various times of the day and night.
- Don't lock out your Sling Inn flat-mates by using deadbolts. You may want to leave a sign on inside of the door such as "you have flat-mates - do not use deadbolts!"
- Somerset (exit B) on the MRT and turn left on Orchard Road, takes you directly to the Singapore Visitor's Center. This is the best source for brochures and tourist info.
- If you want a taxi from the Sling Inn, ask the desk at the Community Center to call for a taxi. They are more experienced than you.
- There are numerous hawker stalls that serve good inexpensive local food. Tourists eat in restaurants, and locals eat at hawker stalls. Hawkers are inspected and sanitary. Bring your own napkins!
- At the end of your trip you might be able to arrange with NRCC Singapore to provide you with a van for no-cost transportation from the Sling Inn to Changi Airport. Email Phillip Leong [Leong@nrccsg.navy.mil] or call ext 2626.



Singapore Caution

- **Singapore is a “fine” city ... you will be fined - or worse - for breaking the law**
 - ✓ Jaywalking is illegal
 - ✓ Eating/drinking/smoking on the MRT or in stations is illegal
 - ✓ Carrying durian fruit on the MRT is illegal
 - ✓ “Offending the modesty of a female” is illegal
 - ✓ Guns/ammo = death
 - ✓ Illegal drugs = 20 years prison or death
 - ✓ Keep prescriptions/vitamins in their labeled bottles
 - ✓ No pillboxes
 - ✓ No pills in baggies
- **Chewing gum is discouraged but not illegal**
- **World-class pickpockets (penalties are high so the ones that survive have to be very good)**



Points of Contact and References

➤ COMLOGWESTPAC

- ✓ <http://www.clwp.navy.mil/>
- ✓ Reserve Liaison Officer is LCDR Paul Tabaka
 - Email paul.j.tabaka@fe.navy.mil
 - DSN 315-421-2646, comm 011-65-6750-2646

➤ NR CLWP Det 610 (Supports CLWP)

- ✓ CDR Greg Stephens, CO
- ✓ Email mrsquid_underway@juno.com

✓ Sling Inn

- ✓ http://www-p.afsv.af.mil/LD/VT_SINGAPORE.htm has old, very inaccurate information
- ✓ Sling Inn Community Center (office)
 - Comm 011-65-6752-8245



Points of Contact and References

➤ **USPACOM**

- ✓ J34 Antiterrorism & Critical Infrastructure Protection
 - <http://www.pacom.mil/staff/at/athome.shtml>
- ✓ Country Information (for IFPP)
 - http://www.pacom.mil/staff/at/country_reqts.doc

➤ **US Department of State**

- ✓ International travel information
 - <http://travel.state.gov/>
- ✓ US Embassy Singapore
 - <http://singapore.usembassy.gov>

➤ **Singapore tourist bureau**

- ✓ <http://www.visitsingapore.com>

➤ **Singapore Mass Rapid Transit**

- ✓ <http://www.smrt.com.sg/>

➤ **California Fitness (24 Hour Fitness affiliate in Singapore)**

- ✓ <http://www.californiafitness.com/>